



La mia paura di me (Memorie) (Italian Edition)

Ottavio De Mico

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Prossimo ai cinquant'anni, raggiunta un'effimera sensazione di maturità e sicurezza, Salvo si concede una pausa di riflessione per fare un bilancio parziale del proprio vissuto. Dal racconto delle storie dei personaggi emergeranno risvolti del quotidiano capaci di commuovere o far sorridere, che condurranno il lettore in un viaggio nei propri ricordi e nelle proprie emozioni, costringendolo a una riflessione profonda su se stesso. E risulterà evidente da un lato che le persone sono tutte diverse, ma dall'altro che i sentimenti che provano sono gli stessi.

La mia paura di me è un libro che viaggia sull'onda dei ricordi, su quel lungo crinale di lacrime, sorrisi, perdite e ritrovamenti di cui è costellata la vita di ogni uomo.

Ottavio De Mico ci regala una riflessione sul tempo che scorre, sugli anni che passano, sul tempo che resta. Lo fa senza rimpianti, a volte con un pizzico di nostalgia, altre con il sorriso ironico di chi conosce la vita e le sue mille sfaccettature.

Una carrellata di emozioni in cui fuoriesce anche il quadro di un'Italia che nel corso del tempo ha mutato pelle, trasformandosi fra contraddizioni e slanci vitali, eterne idiosincrasie e improvvise aperture al nuovo. Editore da Bibliotheka Edizioni.

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