



Dalla Cina con il forchettone (Italian Edition)

Gianni Serafini

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Dalla Cina con il forchettone, è una raccolta delle più tipiche ricette cinesi, da poter realizzare comodamente a casa con ingredienti semplici e naturali.

Si passa dai buonissimi antipasti più conosciuti, tipo gli involtini primavera nelle più variegata versioni, alle diverse tipologie di zuppe e minestre, tra le classiche: la minestra di nidi di rondine, alla più classica zuppa d'anatra con vermicelli.

I primi di pasta e riso, i succulenti secondi facili da realizzare.

Questo libro di ricette è un ottimo aiuto per realizzare con estro

e gusto tutti i piatti di cucina cinese per strabiliare amici e

parenti con una cucina orientale fatta in casa ...anche da chi non è un cuoco professionista .

Per la realizzazione di questo ricettario ho interpellato i più noti chef cinesi in Italia e anche in Cina durante i miei viaggi, facendomi rivelare anche qualche piccolo segreto che condivido con voi con immenso piacere, e a chi come me ama la cucina orientale auguro ??????(sarebbe buon appetito in cinese)



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