



The One-Minute Sufi: 1

Azim Jamal

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Timeless and Placeless principles in small doses

Is a minute enough to change the course of our lives?

With grace, spiritual enlightenment can happen in a fraction of a second. We need to be open and receptive to this blessing. Using down-to-earth stories and examples, The One-Minute Sufi provides small doses of inspirational Sufi principles, allowing us to reflect on them as we go about our daily business. These principles can change the course of an entire day — and gradually, our destiny.

Learn how to:

Love one and all, irrespective of religion, culture, color and creed

Stay on your path and yet respect all other paths to the same truth

Go with the flow and yet pursue your purpose

Be in the moment and learn from every experience and every encounter

Go to sleep at night eager to wake up, looking forward to another great day and having no regrets if you never wake up

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