



# Lift: The Fundamental State of Leadership

*Ryan W. Quinn, Robert E. Quinn*

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**Lift: The Fundamental State of Leadership** Ryan W. Quinn, Robert E. Quinn  
**NEW EDITION, REVISED AND UPDATED**

## **Harness the Science of Positive Influence**

Just as the Wright Brothers combined science and practice to finally realize the dream of flight, Ryan and Robert Quinn combine research and personal experience to demonstrate how to reach a psychological state that lifts us and those around us to greater heights of achievement, integrity, openness, and empathy. The updated edition of this award-winning book—honored by Utah State University's Huntsman School of Business, Benedictine University, and the LeadershipNow web site --includes two new chapters, one describing a learning process and social media platform the Quinns created to help people experience lift and the other sharing new insights into tapping into human potential.

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