



Lift: The Fundamental State of Leadership

Ryan W. Quinn, Robert E. Quinn

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NEW EDITION, REVISED AND UPDATED

Harness the Science of Positive Influence

Just as the Wright Brothers combined science and practice to finally realize the dream of flight, Ryan and Robert Quinn combine research and personal experience to demonstrate how to reach a psychological state that lifts us and those around us to greater heights of achievement, integrity, openness, and empathy. The updated edition of this award-winning book—honored by Utah State University's Huntsman School of Business, Benedictine University, and the LeadershipNow web site --includes two new chapters, one describing a learning process and social media platform the Quinns created to help people experience lift and the other sharing new insights into tapping into human potential.

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