



Hopelifter: Creative Ways to Spread Hope When Life Hurts

Kathe Wunnenberg

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“I wish there were something I could do to ease the pain.”

How often do women see a friend in distress or crisis, but feel helpless to really make a difference?

Hopelifter: Creative Ways to Spread Hope When Life Hurts takes the mystery out of how to be the hands and feet of Jesus to anyone in need of hope, comfort and care. Kathe Wunnenberg, whose hope-lifting ministry has impacted the lives of thousands, demonstrates simple, practical ways that acts of creative compassion can transform lives.

Whether it's encouraging a jobless friend, lifting the spirits of someone trapped in depression, leaving an anonymous gift for a grieving mother, hosting a starting-over shower for a divorced friend, or playing one small part in long-term support for a family in deep crisis, daily opportunities to make a difference in hurting lives are limitless for a *Hopelifter*.

The perfect book for women who want to spread hope in their friendships, workplace, neighborhoods, and homes, and ideal for those in caring roles in churches and ministries.

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