



This Above All: A Journey of Self-Discovery

Tess Hughes

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This Above All: A Journey of Self-Discovery Tess Hughes

This beautifully organized book is about the writer's spiritual voyage, all the way to its ultimate unfolding—an end to her suffering. Throughout her story, this writer is profoundly generous, holding nothing back. She welcomes readers into a journey so sensitive, so private, that at times it feels like we shouldn't be there; her feelings, fears, revelations, struggles, joys, confusion, delight, reflections, courage, tenacity—are all laid out in these pages so that someone else might benefit. The serious seeker will find this book, and the depth of this writer's generosity, refreshing and uplifting. Tess not only openly reveals her own path, but continually supports and encourages ours. It is a rare read.

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