



# **Barefoot on Broken Glass: The Five Secrets of Personal Success in a Massively Changing Business World**

John Timperley

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All of us can walk barefoot across yards of broken glass without the slightest injury. But few of us believe that we can. Walking on broken glass is a powerful physical metaphor for shattering the shackles of apprehension that grip us all when we try something new. John Timperley walks with bare feet on 2000 shards of glass to demonstrate conclusively that a focused mind, creativity, willingness to try and commitment to see it through can allow us all to achieve the apparently impossible. In Barefoot on Broken Glass Timperley reveals the secrets of personal and organizational success. Anything is possible if we adapt to (or create) change and unleash the full potential of the people around us by inspiring them to focus on a believable vision with passion, commitment and urgency.

Barefoot on Broken Glass is the book we need in an age when the pace of change has never been faster, where pressure to perform has never been greater, and where stress related illnesses have rocketed to levels that are shocking the medical profession. By rising above the seeming chaos and by using our minds in a more productive and creative way we can perform at higher levels than ever before.



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