



The "What's for Dinner?" Solution

Kathi Lipp

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For many women, dread turns to panic around 4:00 in the afternoon. That's when they have to answer that age-old question, "What's for dinner?" Many resort to another supermarket rotisserie chicken or—worse yet—ordering dinner through a drive-thru intercom.

In *The "What's for Dinner?" Solution*, popular author and speaker Kathi Lipp provides a full-kitchen approach for getting dinner on the table every night. After putting her 21-day plan into action, women will

- save time—with bulk shopping and cooking
- save money—no more last-minute phone calls to the delivery pizza place
- save their sanity—forget the last-minute scramble every night and know what they're having for dinner

The book includes real recipes from real women, a quick guide to planning meals for a month, the best shopping strategies for saving time and money, and tips on the best ways to use a slow cooker, freezer, and pantry.

With Kathi's book in hand, there's no more need to hit the panic button.

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