



Adolescence and Adulthood: Transitions and Transformations (Palgrave Insights in Psychology series)

Leo Hendry, Marion Kloep

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From the teenage years to retirement, each phase of life presents different challenges and new experiences.

Examining the patterns of development throughout the lifespan, the authors provide key insights into how we experience the world, and they examine how established theories have been challenged by recent changes to the understanding of human development.

Whatever your level of study, this absorbing introduction will give you a deeper appreciation of the different life phases and how psychological principles aid our understanding of them.

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