



The Submissive Activity Book

Shannon Reilly

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The Submissive Activity Book is your ticket to self-accountability during your journey as a submissive in the Leather and BDSM Communities. This book contains exercises and recommendations to help you improve your service with or without a power exchange relationship. If you've ever felt disconnected from your service because you weren't actively serving a dominant, this book is for you. When you learn to be accountable to yourself, you'll find serving others easier and more fulfilling. If you're engaged in a power exchange relationship and want to improve your service, this book is the perfect tool to use in conjunction with your dominant. Together you can improve your service to meet their needs.

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