



Directions for Cookery: Being a System of the Art, in Its Various Branches (American Antiquarian Cookbook Collection)

Eliza Leslie

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Written by Eliza Leslie, or Miss Leslie as she was commonly called, *Directions for Cookery* was undoubtedly the most popular cookbook in the 19th century. Published in 1837 in Philadelphia, this clear, concise, and elegant cookbook emphasized the nuances of good cooking, the importance of specific measurements—not always a common practice at that time—and the significance of good ingredients to prepare the best food in the kitchen. *Directions for Cookery* is surely an American classic.

With recipes for Beef-Steak Pudding, Moravian Sugar Cakes, Cat-Fish Soup, Johnny Cake, Indian Pudding, Molasses Candy, New York Cookies, Pumpkin Chips, Tomato Catchup, and Election Cake, *Directions for Cookery* sparks your appetite and makes this classic culinary work an invaluable addition to any kitchen.

This edition of *Directions for Cookery* was reproduced by permission from the volume in the collection of the American Antiquarian Society, Worcester, Massachusetts. Founded in 1812 by Isaiah Thomas, a Revolutionary War patriot and successful printer and publisher, the society is a research library documenting the lives of Americans from the colonial era through 1876. The society collects, preserves, and makes available as complete a record as possible of the printed materials from the early American experience. The cookbook collection comprises approximately 1,100 volumes.



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