

Integrating Work and Family: Challenges and Choices for a Changing World

Jeffrey H. Greenhaus, Saroj Parasuraman



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Despite calls for a renewal of family values and the proliferation of corporate work-family programs, the goal of achieving a healthy balance between the demands of work and a satisfying family life remains elusive. Dr. Parasuraman, Dr. Greenhaus, and the contributors to this well-balanced and thoughtful volume examine this increasingly prevalent social dilemma from a stakeholder perspective. They see work-family tensions as a multifaceted social issue, and they examine the nature and consequences of these tensions from the viewpoints of individuals, employers, consultants, counseling professionals, and other service providers. Their inclusion of legal, cultural, international, and research perspectives and recognition of the unique concerns of vulnerable groups, such as nonexempt employees and ethnic minorities, add to the breadth of coverage. Academics in the social and behavioral sciences, executive decision-makers in government and business, human resource professionals, and employed men and women interested in achieving work-life balance will find this volume insightful, stimulating, and useful.

The editors have arranged their book into five parts and 21 chapters. Part I provides a broad overview of the environmental factors impacting work and family. It then identifies the critical issues and challenges facing individuals, families, and employees in managing the complex interdependencies between work and family roles. In Part II they provide a view of the issues from the vantage point of specific stakeholders. Part III concentrates on the role of culture in shaping ideology, policies, and practices concerning work and family and the relationships among them. Part IV examines the impact of career development programs on employees and their families. It also discusses the effectiveness of alternative career tracks, various usages of work-family benefits by women and men, and the roles employers and employees can play in legitimizing alternative career paths. Part V concludes the book by examining the cultural barriers to achieving more effective integration of work and family, and by analyzing the appropriate role of key stakeholders in addressing work-family problems.

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