



Corpo e ayurveda (Portuguese Edition)

Maria Inês Marino, Walkyria Giusti Dambry

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Destinado especialmente a fisioterapeutas, massoterapeutas, professores de ioga e terapeutas corporais e ayurvédicos, este livro apresenta as bases da tradicional medicina indiana aplicadas à fisioterapia convencional. Partindo de sua ampla experiência na área da saúde e do movimento, Maria Inês Marino e Walkyria Giusti Dambry escreveram uma obra atual, didática e esclarecedora, que simplifica o entendimento dos fundamentos védicos para a utilização no atendimento profissional de pacientes com diversos tipos de queixas. A apresentação de casos clínicos facilita ainda mais essa compreensão, permitindo que os terapeutas alcancem resultados de tratamento cada vez mais eficazes e duradouros.

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