



## Apartment Therapy: The Eight-Step Home Cure

*Maxwell Ryan*

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From not enough space and too many things to not knowing what color to paint the living room walls, many of us struggle with our homes. Now Maxwell Gillingham-Ryan, frequent makeover expert on HGTV's *Mission: Organization and Small Spaces, Big Style*, shares the do-it-yourself strategies that have enabled his clients and fans to transform their apartments into well-organized, beautiful places that suit their style and budget.

Week by week, *Apartment Therapy* will guide you to treat common problems, eliminate clutter, and revamp even the tiniest space. Here is an eight-step process that includes:

A therapeutic questionnaire to help you get in touch with your personal taste and diagnose your home's physical, emotional, and energy flow issues

A prescription with recommendations for each room based on your needs and lifestyle—including tips on how to use color, lighting, and accessories

A treatment plan, including regular maintenance schedules to ensure the ongoing health of your space

Illustrations of floor plans and decorative examples that allow you to visualize concepts before you begin

With surprising ease and without elaborate professional help, *Apartment Therapy* will help you clear a path through disorder and indecision—to reveal a home you'll love.

*From the Trade Paperback edition.*



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