



5-Minute Bible Workouts for Men

Bob Barnes

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Bestselling author Bob Barnes provides a gathering of brief, powerful meditations, packed with encouragement, to help men handle daily pressures of family, work, relationships, and responsibilities. These devotions provide

- encouragement for busy lives and difficult times
- guidance to shape a man's character
- illustrations of how to serve, lead, and grow
- Scriptures for strength and wisdom
- prayers to connect with the heavenly Father

This spiritual workout will help men maximize their time with God and live out their faith through actions, words, and behaviors that honor Him.

Rerelease of *Minute Meditations for Men*.



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Whitney Martinez:

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