



Weelicious Lunches (Enhanced Edition): Think Outside the Lunch Box with More Than 160 Happier Meals

Catherine McCord

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This enhanced edition features six videos of Catherine preparing some of her favorite recipes in her kitchen, including Crispy Chicken Bites, Fruit and Seed Bars, and more!

Easy, healthy, and fun lunch ideas for every age!

Once kids walk out the door for school, all bets are off. Will your son toss the nutritious food you've included and jump right to the treats? Will your daughter trade her sandwich for her best friend's prepackaged meal? Determined to improve what kids eat both at school and on the go, weelicious.com founder Catherine McCord offers innovative solutions for quick, delicious, easy-to-make, kid-friendly lunch box meals that little ones and their older siblings won't be tempted to swap, including:

- Chicken Satay Bites
- PB&J Pancake Sandwiches
- Pumpernickel Tuna Melt
- Chicken Salad Roll Ups
- Chopped Veggie Salad
- Tomato Soup with Grilled Cheese Croutons
- Carrot Hummus
- Cinnamon Pita Chips
- Chocolate Graham Crackers
- Nature Cookies
- Cinnamon Roll "Sushi" Sandwiches

Filled with lots of great menu planning ideas; tips, tricks, and reusable product suggestions to make lunch fun; inspiring color photographs, advice on dealing with food allergies and so-called picky eaters; and more than 160 tried and true recipes, *Weelicious Lunches* takes lunchtime planning from hassle to joy!

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