



# Researching the Psychotherapy Process: A Practical Guide to Transcript-Based Methods

*Nick Riding, Georgia Lepper*

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This hands-on introduction to psychotherapy process research methods takes the student clinician/researcher through the basic steps of developing a research project based on a transcript of a psychotherapy session. The major text-based methods in use are introduced in separate chapters, and illustrated with detailed examples and exercises which will enable the novice researcher to explore the therapeutic interaction from a variety of perspectives. The aim of the book is to support and enhance clinical practice through research competence and awareness.



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