



# **Detox:30 Cleansing Recipes For A Renewed You: A Drink A Day To Keep The Doctor Away, Boost Metabolism, Lose Weight, Look And Feel Great**

*Joseph J. Miller*

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Discover why absolutely everyone should detox from time to time and how it will affect you both physically and mentally. Find out how it works for weight loss and what you can expect. You will cleanse your system, get energized and lose weight safely and confidently following the expert advice in this easy-to-read book.

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